

13-18 YEAR OLDS

YOUTH ATHLETE PROGRAM

Build on foundational skills and take
your game to the next level



REGISTER
BY 30TH
SEPTEMBER

\$75/WEEK*

EACH WEEK...

2 x strength & conditioning sessions | 1 x at-home
speed & agility session | 1 x recovery boots

*12 week minimum contract. Valued at \$1740



YOUTH ATHLETE PROGRAM

- Registrations open until 30 September, 2023
- Program open for 13-18 year-olds only
- 12-week minimum contract with ability to put temporary holds on membership up to a total accumulation of 4 weeks
- Cost of \$75 per week (or \$810 upfront), paid upfront or via weekly direct debit
- Weekly membership includes:
 - 2 x S&C sessions with qualified coaches
 - 1 x at-home speed & agility session program
 - 1 x recovery session at Motus Life



REGISTER NOW